Female Officer Survival
Delivered by Fortis Tactical Systems

The Female Officer Survival course is an intense fast-paced 2-day course that is designed for the female law enforcement officer. The course is taught by professional certified female firearms, defensive tactics, active shooter, Krav Maga, and TCCC instructors. The course will cover hands-on physical skills to include handgun skills, ground fighting, weapon retention, and close quarter combat. This course will improve your firearms skills, physical skills, mental preparation, and confidence.

Teena is a 22-year law enforcement officer from South Carolina and has instructed firearms for over 15 years. She specializes in teaching self-defense to sworn officers and civilians. Since 2011 she has taught over 800 female law enforcement officers from 3 different states. Additionally Teena has developed self-defense training for individuals who are wheelchair bound and visually impaired. She currently serves as the Training Coordinator for the South Carolina Law Enforcement Officers’ Association. She is on the Law Enforcement Torch Run Board for Special Olympics. She serves the officers of South Carolina as a member of the South Carolina Law Enforcement Officers Assistance Program (SCLEAP) as a PEER Team Member. Teena successfully completed the Southern Police Institute and Senior Management Institute for Police.

This course is restricted to Female Law Enforcement and Military Personnel Only. Each student will show or verify employment prior to course.
Equipment requirements for each student include: Agency issued tactical uniform for 2 days (All tactical duty equipment that is normally worn on the operator should be available each day.), Eye & Ear Protection, Vest, Holster, Magazine pouches, Handgun and Live Fire Ammo (250 rounds of pistol).

The course will be delivered at GTI's Joint Operations Center at 1321 Technology Drive, Barnwell SC 29812 on August 28th – 29th, 2021.

Tuition for the course is $400 per officer.

GTI also has onsite individual room lodging available at $35 per night.

Contact GTI by email info@gtitraining.org, or by phone 803-259-1935 to register and make payment arrangements.

An option to assist with funding to attend this course is GTI's Asset Trading Program (ATP). Visit the Asset Trading Program page on our website to find out more about this program.
**COURSE AGENDA – DAY ONE**

<table>
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<th>Time</th>
<th>Activity</th>
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| 07:00 - 08:30 | Introductions / Administrative paperwork  
History of the course, what makes it different? |
| 08:30 - 08:45 | Break                                                                   |
| 08:45 - 09:15 | Tactical Fitness                                                        |
| 09:15 - 09:30 | Break                                                                   |
| 09:30 - 12:30 | Range: Safety Briefing and commands  
- Basic skill Review: Stance, grip, sight alignment, trigger control, drawing  
- Dot Torture  
- Injured officer drawing, shooting, reloading with weak only - Dummy Rounds  
- Shooting and moving  
- Forward and backwards  
- Pivot drills  
- Unusual shooting positions: back, butt, kneeling, sides |
| 12:30 - 13:30 | Lunch                                                                   |
| 13:30 - 15:30 | Defensive Tactics - Standing  
- Safety Briefing  
- Elbow Strikes - Horizontal and rear  
- Dive Block  
- Spear: defense against sucker punch and tackle |
| 15:30 - 15:45 | Break                                                                   |
| 15:45 - 16:45 | DT Stress Course                                                        |
| 16:45 - 17:00 | Break                                                                   |
| 17:00 - 17:45 | Weapon Takeway to chest                                                 |
| 17:45 - 18:00 | Break and set up for the fight                                          |
| 18:00 - 19:00 | The Fight                                                               |
COURSE AGENDA – DAY TWO

07:00 - 08:00  Lecture - Mental health, resiliency, Emotional Survival
08:00 - 08:45  Tactical Workout
08:45 - 09:00  Break
09:00 - 10:30  Defensive Tactics –
  • Figure four takedown
  • Back Control
  • Car extraction
  • Head lock escape
10:30 - 10:45  Break
10:45 - 11:15  Balloon competition; 5 rounds
11:15 - 12:00  Lunch
12:00 - 12:30  Figure eight drill
12:30 - 13:30  Over the shoulder ambush
13:30 - 13:45  Break
13:45 - 14:15  Injured officer carry shooting drill forward and back
14:15 - 14:45  Firearms stress course
14:45 - 15:00  Break
15:00 - 16:00  Debriefing, certificates, evaluations